

# Lincoln Lion Newsletter

**OCTOBER** 2025

#### **UPCOMING EVENTS**

10/1 Fall Conferences Min. days/ Late Conferences 6-7pm
10/2 Fall Conferences/ Candy Delivery
10/3 Fall Conferences- Last Day / Candy Distribution
10/10 Kona Ice here during lunch/ OILDORADO STARTS (See Dress up days below)
10/13- PD Day NO SCHOOL FOR STUDENTS
10/14 AVID SHOWCASE- TBD

10/15 TUHS CTEC Presentation during lunch
10/16 Great California Shake- Out Drill

\* Science Fair Boards due Oct. 17th
10/24 Kona Ice/AVID Leadership/G1 Ends
10/28 Q1 Grades Close
10/29 3 Screens Presentation 8:00-10:00am
10/24-10/31 Red Ribbon Week

Happy Halloween October 31st



#### PEOPLE WHO CAN HELP: COME SEE US!

Principal: Mrs. Swearengin Vice Principal: Mrs. Pasillas School Counselor: Mrs.

Stubblefield

Social Worker: Miss Portillo
Office Staff: Mrs. Williams
Ms. Wright, Mrs. Estrada
Campus Security: Mr. Neudorf
& Mr. Kwonto
School Nurse: Mrs. Alvarez

ALL TEACHERS YARD SUPERVISORS CAFETERIA STAFF CUSTODIANS

Librarian Mrs. Kozloski



# HELPING YOU WITH TIME MANAGEMENT & GETTING ORGANIZED...

#### NOTE TAKING

- Write Down Main Ideas. Many students make the mistake of trying to write down every word the teacher says in class. ...
- Use Pictures. ...
- Rely On Your Own Shorthand. ...
- Review Notes Quickly and Often.

#### STUDENT OF THE MONTH CHARACTERISTICS FOR OCTOBER:

<u>School Spirit/ Culture-</u> Students who dress up and strive to foster a positive community

Oildorado is here October 10-19 We have dress up days!

10/10- Plaid/ Western Style Shirt

10/14- Black and Gold

10/15- Denim/Overalls

10/16- Oilfield Worker

10/17- Cowboy/Cowgirl

#### DRESS UP WEEK FOR RED RIBBON:

OCT. 24 PAJAMA DAY/ END OF Q1
OCT. 27 CRAZY HAT AND SOCKS DAY
OCT. 28 DRUGS ARE OLD SCHOOL- DRESS FROM A DIFFERENT ERA
OCT. 29 ATHLETIC/ SPIRIT WEAR
OCT. 30 LEI OFF DRUGS/ HAWAIIAN/ LEI WEAR
OCT. 31 HALLOWEEN -HALLOWEEN COSTUMES/NO MASKS

# SEPTEMBER STUDENT OF THE MONTH WINNERS: PREPAREDNESS/ORGANIZATION

6th Grade:

Maryflor Cruz Lopez Damaris Hernandez Bravo Berkli Holder Cindy Lopez Sophia Nichols Mia Zavala Camacho Daniela Orellano Pais Melidy Ponce Roman Alan Rivera Natasha Sear-Garcia Evelyn Villegas Valenzuela

7th Grade:

Audrina Almaguer JenniferBasurta Mendez Emily Gusman Madelyn Lawrence Rosibeth Lopez Torrez Nathalie Lorenzo Ruby Morrow Carson Rowland Anthony Tabares

#### 8th <u>Grade:</u>

Emily Alva Sherlynn Garcia Rivera David Gonzalez Lopez Diego Hernandez Karla Riano Rogelio Hernandez Araceli Roque Jimenez Daniela Sanchez Paisley Upshaw Leonardo Uribe Ty Watkins

#### TEACHER CORNER:

Mrs. O'Neill- AVID Leadership @ BC Oct. 24th

Mrs. Fickle- Club Live selling Glow items in the small gym at lunch oct. 27-31.

Homework Club 7th/8th Grades Room 1171 M, T, and Th 3-4 bm

Homework Club 6th grade Room 110 (Mrs. Garrison's Class) M.T. Th 3-4pm

\* Lincoln Science Fair Competition is Nov. 4th!

## **OCTORER SPOTLIGHT: DRUG FREE AMERICA**

#### **Red Ribbon Week**

PARENT PLEDGE As parents and citizens, we will talk to our children and the children in our lives about the dangers of drug abuse.

- 1. We will set clear rules for our children about not using drugs.
- 2. We will set a good example for our children by not using illegal drugs or medicine without a prescription.
- 3. We will monitor our children's behavior and enforce appropriate consequences, so that our rules are respected.
- 4. We will encourage family and friends to follow the same guidelines to keep children safe from substance abuse.

#### YOUTH PLEDGE

I pledge to grow up safe, healthy and drug free by:

- 1. Understanding the dangers of drug use and abuse.
- 2. Respecting myself and being drug free.
- 3. Spreading the word to family and friends about the importance of being healthy and drug free!

### SOCIAL MEDIA AND YOU

A Few Apps you can download...Ways you can monitor your teens social media

Fenced.ai is one of the most advanced, reliable, and trustworthy parental control apps out there. It is a tracking, monitoring, and control program that helps you to create and manage a digitally safe learning environment for your children. Parents can remotely follow their children about what they have been doing on social media.

Bark monitors texts, email, YouTube, and 30+ apps and social media platforms for signs of issues like cyberbullying, sexual content, online predators, depression, suicidal ideation, threats of violence, and more. With content monitoring, you can get email and text alerts when Bark detects potential issues so you can talk to your child and make sure everything is OK.

Qustodio can be a great selection if you are looking for a complete free parental control application. This application can help parents, schools, and businesses as well. Qustodio supports a broad range of OS such as Android, iOS, Kindle, Chromebook, Windows, and Mac OS X. Because of its high compatibility; most users choose this monitoring app.

### ANTI-BULLY CAMPAIGN

### **WHAT CAN YOU DO?**

# **Using Technology to Bully**

Today's children are the first generation to use technology to bully others. Today's parents are the first who have had to learn how to address this issue with their children.

With the rapid advancement of technology, bullying behavior has become a part of many children's experience online. Cyberbullying is when the Internet, cell phones, or other devices are used to send or post text or images intended to hurt or embarrass another person. It encompasses a range of activities from sending emails or text messages to someone who has requested no further contact with the sender, but may also include threats, sexual harassment, inappropriate photos, and ridiculing someone publically in online forums. Some children who cyberbully may post lies, rumors or gossip about the target and encourage others to share and distribute that information.

Many parents are particularly concerned about cyberbullying because while adults often have an understanding of the bullying that happens face to face, using technology to hurt someone else may be a new phenomenon for them. While cyberbullying is still less common than traditional bullying, it can be particularly damaging because it:

- Can happen even after the child leaves school for the day,
- Can be anonumous
- Is frequently very public with a potentially unlimited audience, and
- It is often easier to be cruel when you don't have face to face interaction.

At the same time, many parents are not active on the same websites or technology as their children and may not have knowledge of what their child is experiencing while online or on their phone.

#### Parents:

Parents should discuss online conduct and behavior, as well as cyberbullying, as soon as children begin using technology. There is potential for cyberbullying whenever children are using technology to interact. It can begin as soon as children have access to a cell phone or computer that they can use to connect to gaming sites, social media, text, direct messaging, or group chats.

# October PSA: Cooperation

#### Week of October 6th

Welcome to week 1! What Is Cooperation? Cooperation means working together to reach a common goal. This week's theme is Cooperation—working together to get things done. Whether you're in a group project, playing a sport, or helping a classmate, cooperation means listening, sharing ideas, and doing your part. When we work as a team, we can accomplish so much more than we can alone. So remember—teamwork makes the dream work!

#### Week of October 13th

Week 2 consists of Listening and Respecting Others.
Cooperation starts with listening and showing respect to everyone's ideas.Want to be a great team player? Start by listening. Cooperation means respecting different opinions, even if they're not the same as yours. You don't always have to agree, but you do need to be open-minded. When everyone feels heard, teamwork becomes stronger. So today, be a great listener—it's a big part of being a great teammate."

#### Week of October 20th

In week 3 we learn what it means by Doing Your Part. Cooperation means showing up and giving your best effort for the team. Cooperation isn't just about being nice—it's about doing your part. Whether it's your role in a group assignment, a classroom job, or helping out in the cafeteria, every role matters. When everyone pulls their weight, things run smoothly. So ask yourself today: 'Am I doing my part?' If yes—awesome. If not—now's the time to start!



#### Week of October 27th

This last week, we found out how Solving Problems Together helps us all! Cooperation helps us solve problems peacefully and respectfully. Conflicts happen—but how we handle them shows our character. This week, focus on using cooperation to solve problems. Instead of arguing or blaming, try listening, finding common ground, and working toward a solution. You don't have to agree on everything to get along. When we work through challenges together, everyone grows.